

1960s



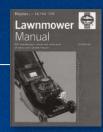


1970s

















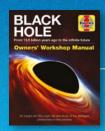






2010s





2020s



Managing Director J H Haynes & Co Ltd

Jeremy Yates-Round

Telephone: +44 (0)1963 440635 Email: jyates-round@haynes.co.uk

Senior Vice President Haynes North America

Harvey Wolff

Email: harveywolff@haynes.com

Global Digital Director

Andrew Golby

Mobile: 07768 174766 Email: agolby@haynes.co.uk

Marketing Manager

Craig Stewart

Telephone: +44 (0)1963 442010 Email: cstewart@haynes.co.uk

Publishing Manager

Louise McIntyre

Telephone: +44 (0)1963 442046 Email: Imcintyre@haynes.co.uk

Group Production Director

Nigel Clements

Telephone: +44 (0)1963 442006 Email: nclements@haynes.co.uk

Publicity

McCann PR

5th Floor, Tower Wharf Cheese Lane Bristol, BS2 0JJ

Telephone: +44 (0)117 921 8146 Email: haynesPR@mccann.com International Sales, Rights & Co-editions Overseas Sales & Rights Director Graham Cook

Telephone:+44 (0)1963 442028 Email: gcook@haynes.co.uk

Overseas Distribution & Third Party Sales North America

Quarto Publishing Group USA Telephone: + 1 (978) 282 3562 Email: john.groton@quarto.com

This catalogue features titles that are due to be published between January and June 2021. A full catalogue featuring all titles and the books published between June and December 2021 will be available in April 2021.

Because publication can sometimes be delayed, please treat the indicated month of publication as a guide only. Up-to-date information, including publication date, for all titles can be found on our website. Alternatively, please contact our Customer Services Department.

For further advice and up-to-date information on availability, please call our Customer Services Department on +44 (0) 1476 541085, email us at sales@haynes.co.uk, or visit our website at: www.haynes.com.

While every effort is made to ensure the information in this catalogue is accurate, availability, prices and specifications may vary, particularly in the case of forthcoming books.

National Sales Manager

Dean Eddies

Mobile: 07774 100238 Email: deddies@haynes.co.uk

Scotland, Northern England & Northern Ireland

Simon Stafford

Mobile: 07785 510040 Email: sstafford@haynes.co.uk

East Midlands & Central/ Northern England

Leanne Bramley

Mobile: 07769 936775 Email: lbramley@haynes.co.uk

West Midlands, Wales & South West

James Cole

Mobile: 07768 790249 Email: jcole@haynes.co.uk

London, South East & Channel Islands

Shaun Merritt

National Accounts Manager Mobile: 07785 510037 Email: smerritt@haynes.co.uk

Eire

Vivienne Lavery

Telephone: 00353 862 409586 **Email:** vivienne.lavery@gmail.com

Should you have any queries please contact either your local Field Sales Executive or the number below:

Customer Services Trade: Tel: 01476 541085 Customer Enquiries Tel: 01206 256101

For fully up-to-date information on the entire range of publications by Haynes Publishing, please visit our website www.haynes.com

This catalogue is available for download from the website, along with the latest full catalogue, which was published in September 2019.

UK Head Office

Haynes Publishing Sparkford, Yeovil Somerset, BA22 7JJ UK

Telephone: +44 (0)1963 440635 Email: sales@haynes.co.uk Trade: +44 (0)1476 541085

Haynes North America, Inc

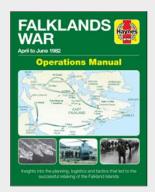
859 Lawrence Drive Newbury Park CA 91320 USA

Telephone: +1 (800) 442 9637 Fax: +1 (805) 498 2867 Email: sales@haynes.com Website: www.haynes.com

Haynes Australia Pty

Locked Bag 5022 Bankstown NSW NSW 1885 Australia

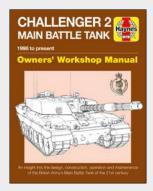
Telephone: +61 2 8713 1400 Fax: +61 2 9708 3070 Email: sales@haynes.com.au Website: www.haynes.com.au



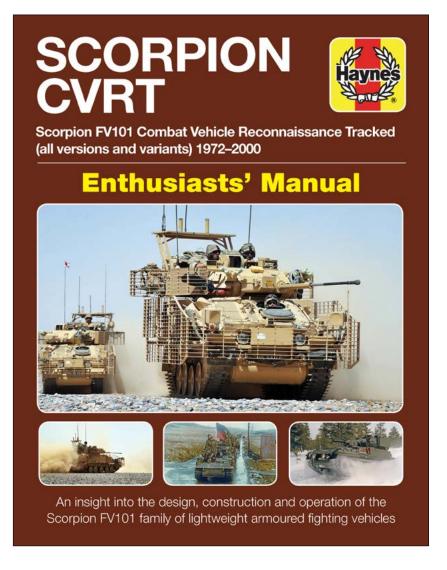
H6185 Falklands War **ISBN:** 9781785211850



H5815 Challenger 1 **ISBN:** 9780857338150



H6190 Challenger 2 **ISBN:** 9781785211904



SCORPION CVRT

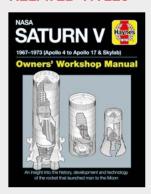
An insight into the design, construction and operation of the Scorpion FV101 family of lightweight armoured fighting vehicles

by Simon Dunstan

The CVRT (Combat Vehicle Reconnaissance Tracked) family of reconnaissance vehicles has been highly successful since its introduction by the British Army in 1972 and it has seen extensive combat from the Falklands War to Afghanistan. Its variants include the lead vehicle, Scorpion, armed with a 76mm gun and the 30mm-armed Scimitar that were both employed in the reconnaissance role with Spartan as an APC.

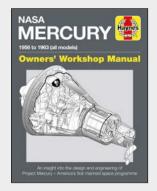
Simon Dunstan tells the story of CVRT's development, its anatomy, combat record and how it is operated and maintained by the armies of 16 nations worldwide.

HARDBACK: 270 x 210mm 192pp 300 Illustrations **ISBN:** 9781785211959 | **BOOK NO:** H6195 | **RRP:** £25.00

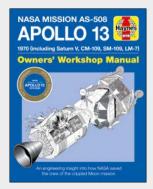


H5828 Saturn V

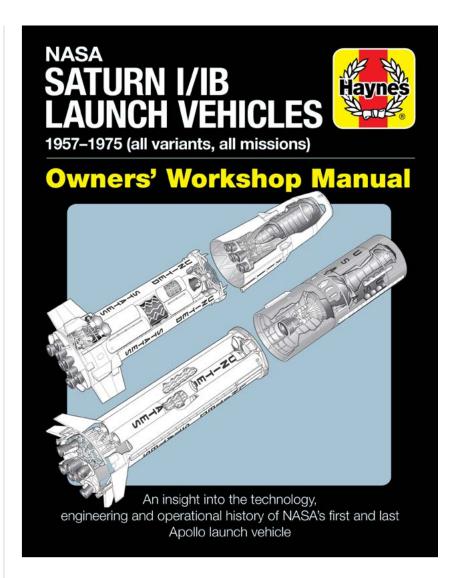
ISBN: 9780857338280



H6064 Mercury **ISBN:** 9781785210648



H6730 Apollo 13 **ISBN:** 9781785217302



NASA SATURN I/IB LAUNCH VEHICLES

An insight into the technology, engineering and operational history of NASA's first and last Apollo launch vehicle

by David Baker

The Saturn I and IB series of rockets fulfilled plans developed in the late 1950s to build a rocket which could triple the existing thrust levels of US rockets and equal the lifting capacity of the Soviet Union's rockets, launching satellites and spacecraft weighing more than 10 tonnes into Earth orbit and to achieve this by the early 1960s.

With a cluster of eight rocket motors for the first stage, the first Saturn I flew on 27 October 1961 and propelled America into the heavy-lift business It was the Saturn I, and its successor the Saturn IB, with a more powerful second stage, that did all the preparatory work getting NASA ready to put men on the Moon. The Saturn I and IB were used on 19 launches, including the first manned Apollo spacecraft, Apollo 7 in 1968, all three Skylab flights in 1973 and the last Apollo spacecraft flown in support of the Apollo-Soyuz Test Project in 1975.

Heavily illustrated with original NASA technical drawings and photographs – many never previously published – this fascinating manual includes a description of each mission flown by the Saturn I and IB rockets, and the story of the evolving and increasingly powerful Saturn I series, leading to the definitive Saturn IB, which prooftested the S-IVB stage, adopted as the third stage for the Saturn V Moon rocket.

HARDBACK: 270 x 210mm 224pp 300 Illustrations **ISBN:** 9781785216596 | **BOOK NO:** H6659 | **RRP:** £25.00



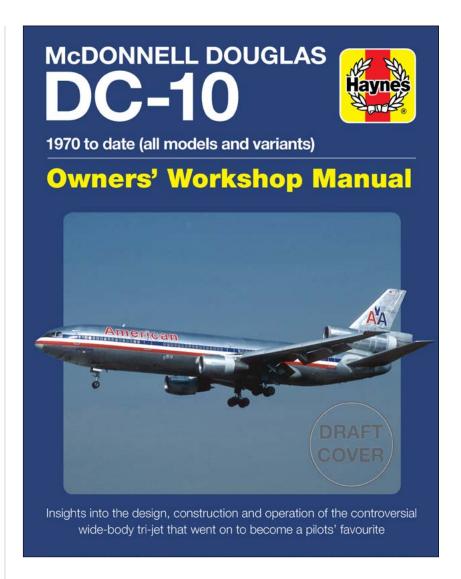
H6108 Airbus A380 **ISBN:** 9781785211089



H6136 Boeing 707 **ISBN:** 9781785211362



H5353 Heathrow Airport **ISBN:** 9780857338433



MCDONNELL DOUGLAS DC-10

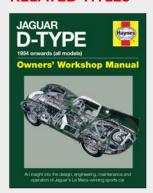
Insights into the design, construction and operation of the controversial wide-body tri-jet that went on to become a pilots' favourite

by Charles Kennedy

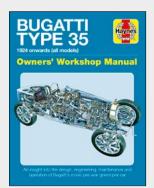
The DC-10 was a three-engine wide-body jetliner created by McDonnell Douglas, born from a lineage that included the most popular and important propliners of all time, including the DC-3 Dakota and the DC-8 jet (Douglas' answer to the Boeing 707). It entered service in 1971 and was supposed to be a smash hit, but a series of accidents that were a result of design shortcomings made it a controversial aircraft in the eyes of passengers and the industry. Despite these setbacks, 446 were built and it became a pilots' favourite.

Contents include the story of the DC-10; anatomy; engines; flying the DC-10; safety report; and the DC-10 in uniform. A series of text and photo box-outs also cover the 'hot rod' DC-10-15s for Mexicana and Aeromexico; comparison with the Lockheed L.1011 TriStar; unbuilt variants – the -61, -62, -63; unbuilt orders – Air Force One; last flights with Biman Bangladesh; the DC-10 in popular culture – novels, films, TV commercials. An appendix reviews DC-10 specifications.

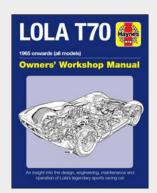
HARDBACK: 270 x 210mm 192pp 250 Illustrations **ISBN:** 9781785217227 | **BOOK NO:** H6722 | **RRP:** £25.00



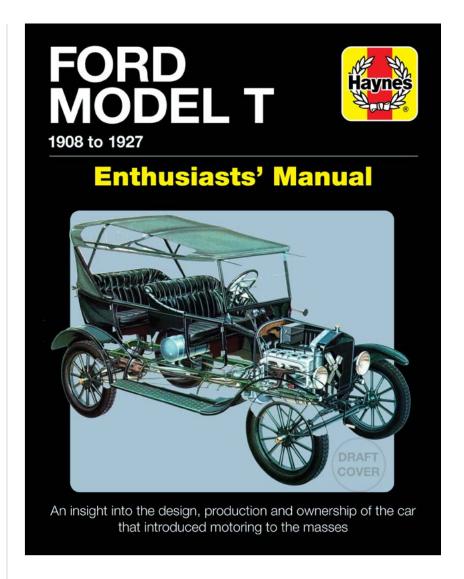
H6078Jaguar D-Type **ISBN:** 9781785210785



H6183Bugatti Type 35 **ISBN:** 9781785211836



H6207 Lola T70 **ISBN:** 9781785212079



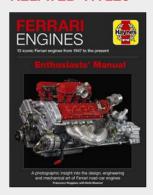
FORD MODEL T

An insight into the design, production and ownership of the car that introduced motoring to the masses

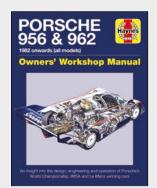
by Chas Parker

The Ford Model T was produced between 1908 and 1927, and is credited with being the very first 'mass-market', affordable car. Until the appearance of the Model T, cars had been the preserve of the rich and were generally rare, expensive and relatively unreliable. The Model T brought motoring to the middle classes, and around 16.5 million examples were built over the lifetime of the car.

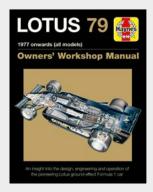
Henry Ford and his engineering team refined the idea of the assembly line, greatly increasing its efficiency, and lowering the cost of production, which was key to the Model T's success. This book provides details of the car's origins, design, production and evolution, along with a look at restoring, running and maintaining a car today.



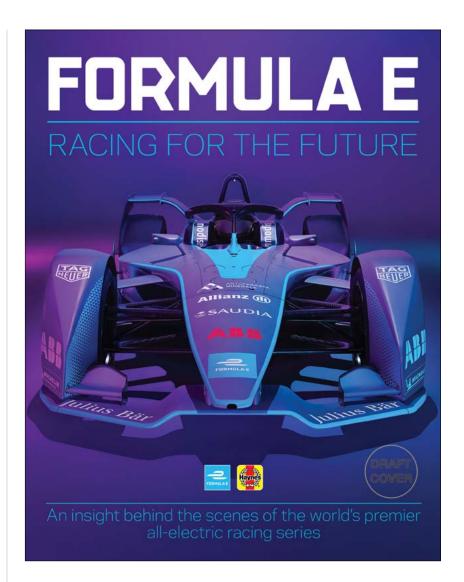
H6208Ferrari Engines **ISBN:** 9781785212086



H5796 Porsche 956 & 962 **ISBN:** 9780857337962



H6079 Lotus 79 **ISBN:** 9781785210792



FORMULA E

An insight behind the scenes of the world's premier all-electric racing series

by Sam Smith

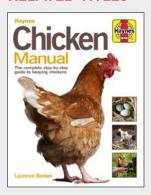
Formula E – the world's premier electric-racing series, which gains full FIA World Championship status for its seventh season, in 2020/21 – is leading the way for the future of motorsport, promoting electric power for a sustainable future, while providing thrilling racing and an immersive experience for the fans.

This officially licensed book, produced with the full cooperation of Formula E and the teams, provides a fascinating insight into the series, featuring input from the teams and drivers to take the reader behind the scenes.

The book looks at the origins and history of Formula E, and follows the evolution of the series through to the 2019/20 season. The anatomy of a Formula E car is examined in detail, including the chassis, bodywork, powertrain, suspension, steering, brakes, wheels and tyres, cockpit controls, safety equipment and electronics, while drivers and engineers provide their views on the challenges for Formula E and getting the best from the car. A behind-the-scenes insight at a typical race weekend looks at every aspect of what it takes to put on a Formula E race, and appendices provide details of car specifications and season results from 2014/15 to 2019/20.

This is a must-have book for all fans of Formula E, and those coming to the series for the first time who want to know more about how this exciting racing series works.

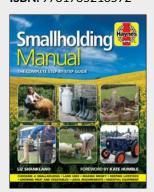
HARDBACK: 270 x 210mm 256pp 400 Illustrations **ISBN:** 9781785217067 | **BOOK NO:** H6706 | **RRP:** £30.00



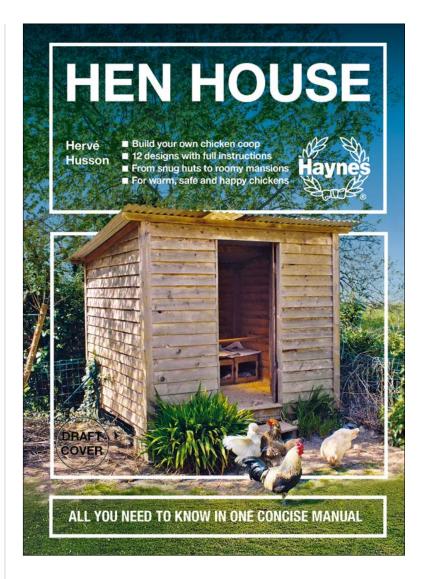
H4729 Chicken Manual **ISBN:** 9781844257294



H6657 Bluffer's Guide to Chicken Keeping ISBN: 9781785216572



H5225 Smallholding Manual ISBN: 9780857332257



HEN HOUSE

All you need to know in one concise manual

by Hervé Husson

Chickens need a dry, clean and spacious house and a run to keep them safe and secure from predators. They also need the right size of nesting box, perches in the correct positions, ramps, ladders and feeding stations.

This book will help you find the right hen house for your flock, and your garden space, with 12 unique and highly desirable designs. Each project is easy and inexpensive to build, and comes with complete measurements, 3D plans and illustrations for stress-free erection. Whichever house you choose to build, your hens will be clucking with delight as they settle in to their new home.



H6762Guys Knit **ISBN:** 9781785217623



H6763 Vegan Man **ISBN:** 978178521763



H6694 Men's Health **ISBN:** 9781785216947



MAKEUP. FOR MEN

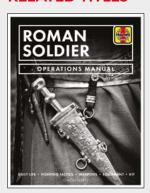
The manual from War Paint.

by Daniel Gray

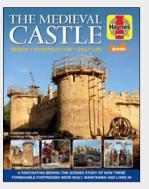
Written by Daniel Gray, the founder of War Paint., this manual will show men of all ages how to care for their skin and apply subtle makeup to enhance and improve their looks, giving them confidence and self-esteem.

Makeup for men is nothing new. In ancient Egypt, kings and pharaohs blackened their eyes with kohl to ward off evil spirits, and Native American tribes used body paint to prepare themselves psychologically for war. Up until the 1600s in Europe it was common for men to powder their faces as well as adding a touch of rouge to their cheeks and lips.

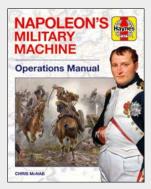
Today, the male skincare industry is growing rapidly and last year was worth an estimated £29 million in the UK alone. Since launching War Paint. just ten months ago, Daniel's mission has been to eliminate the stigma surrounding men wearing makeup, and to help men feel more comfortable and confident in their appearance. This Haynes manual is the perfect vehicle to take men through the process – step-by step.



H6565Roman Soldier **ISBN:** 9781785215650



H6147 The Medieval Castle **ISBN:** 9781785211478



H6053 Napoleon's Military Machine ISBN: 9781785212215



SIEGE WARFARE

From ancient times to the beginning of the gunpowder age

by Dr Chris McNab

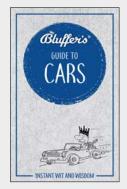
This book explains the tactics and technologies of siege warfare for both attackers and defenders, from ancient times to the beginning of the gunpowder age. Mighty siege engines – including torsion artillery, trebuchets, battering rams and siege towers – are closely examined and illustrated in fine detail.

The book discusses in depth the complexities of underground and overground assault, specifically escalade, undermining and sapping techniques, and what happened after a besieging army forced a breach. It also investigates the formalities and deceits of non-force options – the subtle arts of negotiation, spying and infiltration.

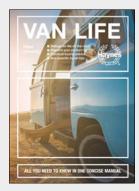


H6651 Car Hacks

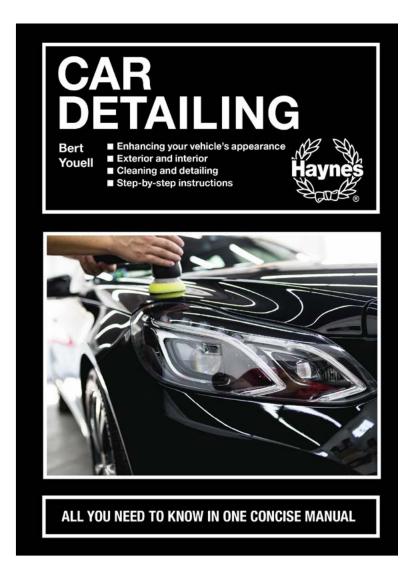
ISBN: 9781785216510



H6584 Bluffer's Guide to Cars **ISBN:** 9781785215841



H6595 Van Life **ISBN:** 9781785215957



CAR DETAILING

All you need to know in one concise manual

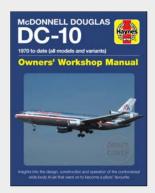
by Bert Youell

This concise manual is aimed at the DIY car detailer striving to improve the appearance of his/her car. Car detailing is essentially high-end car valeting, which includes not only exterior paintwork, but almost every detail of the car – from tyres to mirror glass, from engine components to exhaust.

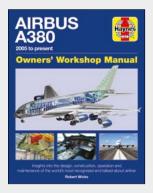
A general car wash takes the form of a wash and vacuum, and while car valeting is a step up, detailing goes deeper than what's on top of the paint. Following a snow foam (to remove any loose contaminants) and a thorough wash (using the two-bucket method) a clay baris e used to remove embedded contaminants in the paint, such as tar, tree sap or anything that's buried deep enough not to be removed at the wash stage. Detailing may also involve the use of a machine polisher to remove any imperfections while polishing the paint's surface, making the car look even better than when it left the factory. Detailing also includes comprehensive work on the car's interior, wheels, and even engine compartment.

This book covers all aspects of detailing, with practical step-by-step instructions and advice from professional detailers. The down-to-earth text will enable detailing enthusiasts to carry out their own detailing, but will also arm them with good information about techniques and products to enable them to make informed choices should they choose to employ professional detailers.

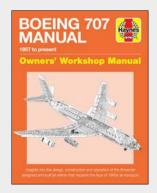
HARDBACK: 210 x 148mm 144pp 175 Illustrations **ISBN:** 9781785217319 | **BOOK NO:** H6731 | **RRP:** £12.99



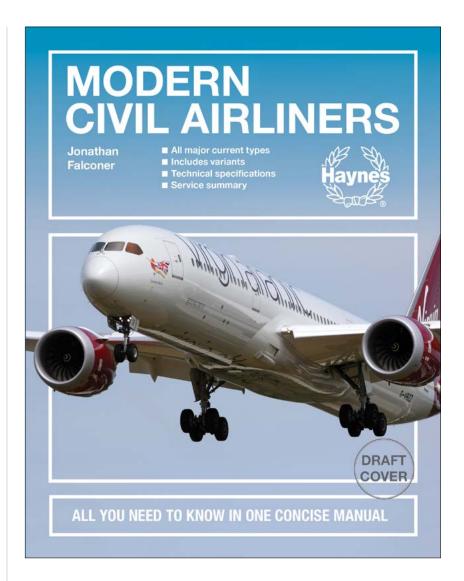
H6722 McDonnell Douglas DC-10 **ISBN:** 9781785217227



H6108 Airbus A380 **ISBN:** 9781785211089



H6136Boeing 707 **ISBN:** 9781785211362

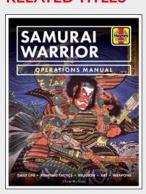


MODERN CIVIL AIRLINERS

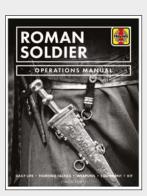
All you need to know in one concise manual

by Jonathan Falconer

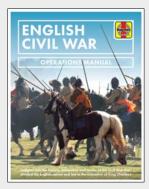
This Haynes concise guide to the world's airliners includes all the major current types. It contains all the essential information you need in a one-stop easy-to-use fully illustrated guide. You'll find details of date first flown, entry into service and production, powerplant, performance and dimensions, number of passengers, current service and variants, together with a brief summary of commercial use. The book also contains a section on legacy airliners still in service.



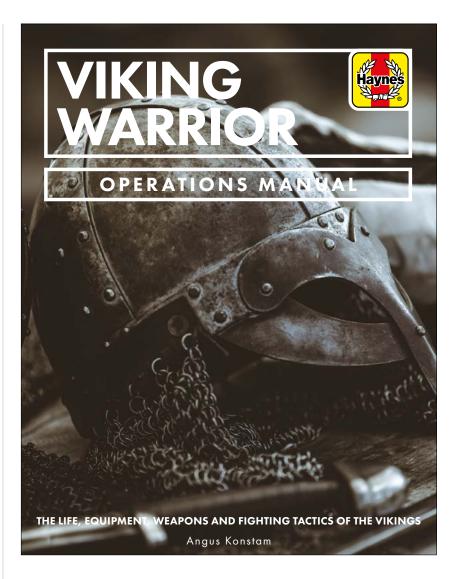
H6562 Samurai Warrior **ISBN:** 9781785215629



H6565 Roman Soldier **ISBN:** 9781785215650



H6666 English Civil War **ISBN:** 9781785217012



VIKING WARRIOR

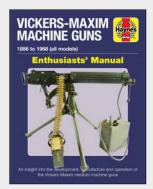
The life, equipment, weapons and fighting tactics of the Vikings

by Angus Konstam

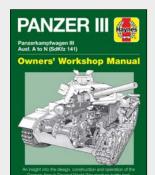
In this book, veteran historian Angus Konstam explores the world of the Viking warrior by looking in detail at Norse culture; how people lived and dressed, the weapons they carried and how they used them. He looks at their system of belief and their allegiances to family, community and lord, and explains just why they were so effective as plunderers, traders, explorers and raiders. The book also discusses the Viking legacy: the Normans, Varangian guards, Scandinavian literature, art, myth and legend, and its lasting influence on modern Europe.

The book is illustrated throughout with fascinating images, while the text is presented in the highly accessible yet informative style that characterises the Haynes operations manual series. The result is a book that uncovers the world of the Viking in a way that has never been done before, and brings it vividly to life.

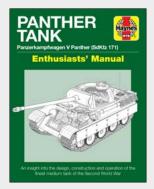
PAPERBACK: 270 x 210mm 192pp 200 Illustrations **ISBN:** 9781785217616 | **BOOK NO:** H6761 | **RRP:**£14.99



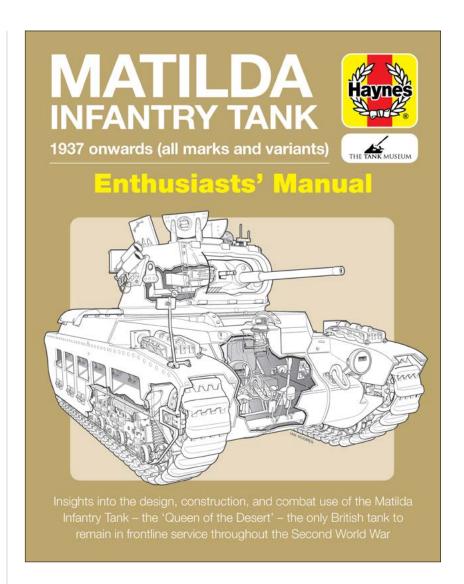
H6563 Vickers-Maxim Machine Gun ISBN: 9781785215636



H5827 Panzer III **ISBN:** 9780857338273



H6214Panther Tank **ISBN:** 9781785212147



MATILDA MK II INFANTRY TANK

Insights into the design, construction, and combat use of the Matilda Infantry Tank – the 'Queen of the Desert' – the only British tank to remain in frontline service throughout the Second World War

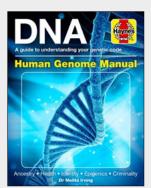
by Dick Taylor

The Matilda II is without doubt one of the iconic British tanks of Second World War, and for a short period it enjoyed an enviable reputation of being almost impervious to most enemy anti-tank guns. One commentator looking back on its contribution stated that at the time of its introduction into service, 'It was undoubtedly the best tank in the world'. Not without many flaws, nonetheless nearly 3,000 were built and it saw service in France in 1940, during the campaigns in Libya and Tunisia from 1940 to 1943, on the Steppes of Russia, and even in the jungles of the Pacific. It was the only British tank that was in frontline service when the Germans invaded Poland, and was still in frontline service when the Japanese surrendered.

Known by many as the 'Queen of the Desert', for about eighteen months it was regarded by the Italians and Germans as a golem; it would not be stretching a point to suggest that in that time it was considered by its opponents as a sort of bogey-tank that was nearly impossible to destroy, much as the German Tiger came to be regarded later in the war.

Published in association with the Tank Museum

HARDBACK: 270 x 210mm 176pp 250 Illustrations **ISBN:** 9781785216442 | **BOOK NO:** H6644 | **RRP:** £25.00



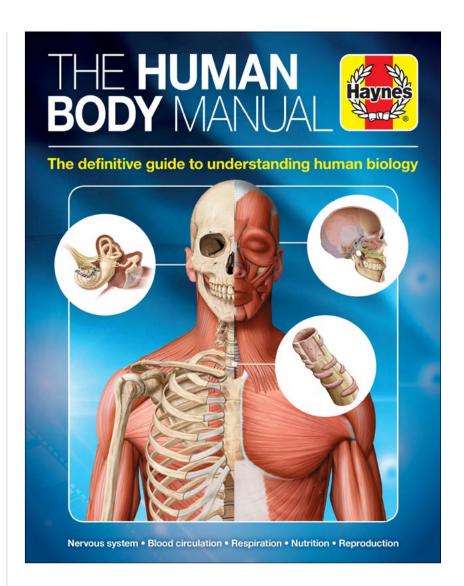
H6594 DNA Human Genome Manual ISBN: 9781785215940



H6642 Menopause **ISBN:** 9781785216428



H6613 Sleep **ISBN:** 9781785216138



THE HUMAN BODY MANUAL

The definitive guide to understanding human biology

by QA International

Through stunning visual content and authoritative, easy to grasp text, this book presents the various components of the human anatomy and details their functions.

Combining text with charts, diagrams and hyper-realistic illustrations, this complete visual reference makes it easy to understand complex biological processes, from cell division to inflammatory reaction, and from the perception of sound to digestion.

Written and edited by a team of eminent scientists, brought together by QA International, this book is the definitive guide to understanding every aspect of how the human body functions.



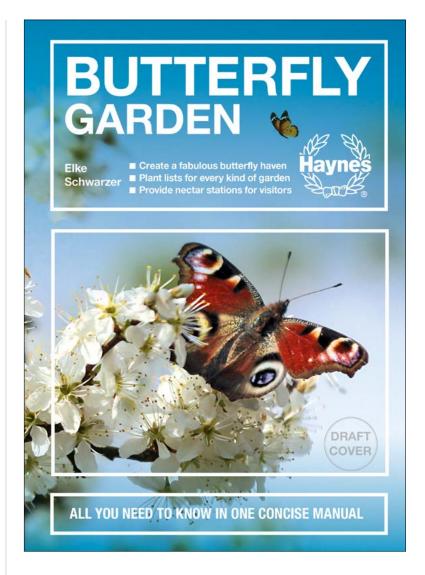
H6658 Bee Hotel **ISBN:** 9781785216589



H6696 Bee Garden **ISBN:** 9781785216961



H6745 Hen House **ISBN:** 9781785217456



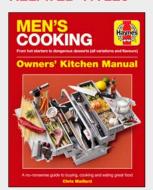
BUTTERFLY GARDEN

All you need to know in one concise manual

by Elke Schwarzer

For some years now the UK butterfly and moth populations have been in sharp decline, and the consensus is that we need to take local and national action to reverse this. The good news is that the last two years have seen a marked improvement in populations, and that creating a friendly and welcoming environment is easily done in your own back garden, or even on a balcony or doorstep.

This book will show you what the best plants are for different types of native species, where to position them, and how to maintain a garden that is full of colour and nectar. In making a garden that welcomes and nutures our native moths and butterflies you will also create a delghtful year-round environment for humans.



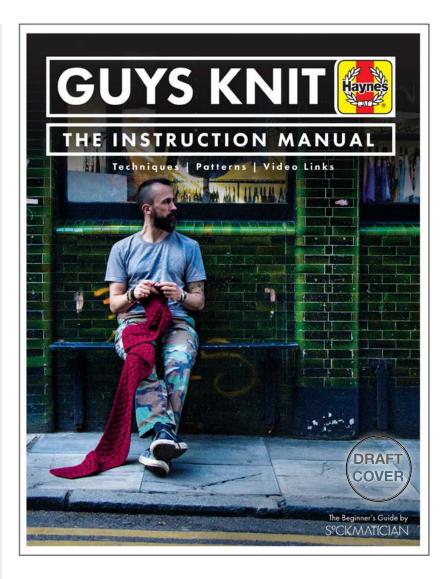
H4869 Men's Cooking **ISBN:** 9780857338419



H6758Makeup. for Men **ISBN:** 9781785217586



H6217 Smoked Food **ISBN:** 9781785212178



GUYS KNIT

The Instruction Manual

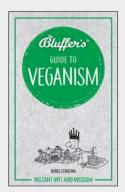
by Nathan Taylor (Sockmatician)

We live in an ever-increasingly digital world: people stare at little screens all day, with nothing to show for it when the power goes off. More and more we are turning to traditional crafts to redress the balance, and for many, that means knitting.

This manual challenges the commonly held misconception that knitting is a feminine pursuit – Guys Knit is a beginner's guide to knitting, and it is aimed at men, but applicable to all.

The book takes the reader through all the techniques, with clear step-by-step photographs. It also provides five specially designed patterns. All the instructions are backed up with videos linked via QR codes throughout the manual.

PAPERBACK: 270 x 210mm 192pp 500 Illustrations **ISBN:** 9781785217623 | **BOOK NO:** H6762 | **RRP:**£14.99



H6670 Bluffer's Guide to Veganism ISBN: 9781785216701



H6614Potato **ISBN:** 9781785216145



H6723 Modern Man **ISBN:** 9781785217234



VEGAN MAN

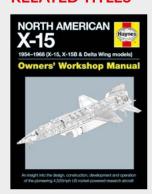
The manual for cooking amazing plant-based food

by Michael Kitson

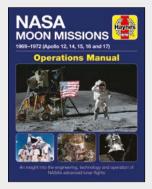
Focusing mainly on food, what to eat, what to avoid, and staying fit and well fed, this book is full of delicious recipes and cooking ideas for the modern vegan man. It also explains the wider vegan world, covering the ethical background and core principles of this growing global, multi-faceted movement.

Most importantly, the book is packed with recipes men will love to cook, creating fabulously tasty and tempting dishes that avoid all animal products without losing anything on flavour, zest and satisfaction. Learn how to make nutrition-packed breakfasts, amazing main courses, and satisfying sweet treats, using an impressive variety of vegetables, fruits, nuts, oils and pulses. Adding a more male perspective to what has in recent years been a female dominated movement, this book is aimed at all those interested in living vegan, whether experimenting, switching or committing.

PAPERBACK: 270 x 210mm 192pp 250 Illustrations **ISBN:** 9781785217630 | **BOOK NO:** H6763 | **RRP:**£14.99



North American X-15 **ISBN:** 9780857337672



H6592 Apollo 11 50th Anniversary Edition ISBN: 9781785215926



H5218 International Space Station ISBN: 9780857338396



NASA SPACE SHUTTLE 40TH ANNIVERSARY EDITION

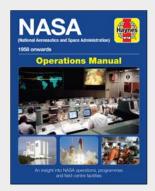
An insight into the design, construction and operation of the NASA Space Shuttle

by David Baker

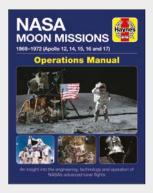
Updated to include the final Shuttle missions that took place in 2011, and published to coincide with the 40th Anniversary of the first Shuttle mission in 1981, this manual provides a unique insight into the engineering of NASA's reusable launch vehicle, which took men and women into space for 30 years, launched and repaired satellites, serviced the Hubble Space Telescope, and played a major role in the construction of the International Space Station.

Former NASA Shuttle engineer David Baker provides a fascinating description of the origin of the Shuttle concept during the 1960s, its evolution into a viable flying machine in the early 1970s, and its subsequent design, engineering, construction and operation. The Shuttle's internal layout and systems are explained, including the operation of life support, electrical power production, cooling, propulsion, flight control, communications, landing and avionics systems. A full list of Shuttle missions is provided, along with a retrospective look at the achievements of the Shuttle programme, and the vital role the craft played in advancing NASA's space programme in the post-Apollo era.

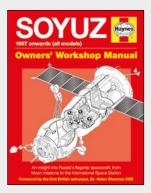
HARDBACK: 270 x 210mm 200pp 240 Illustrations **ISBN:** 9781785217678 | **BOOK NO:** H6764 | **RRP:** £25.00



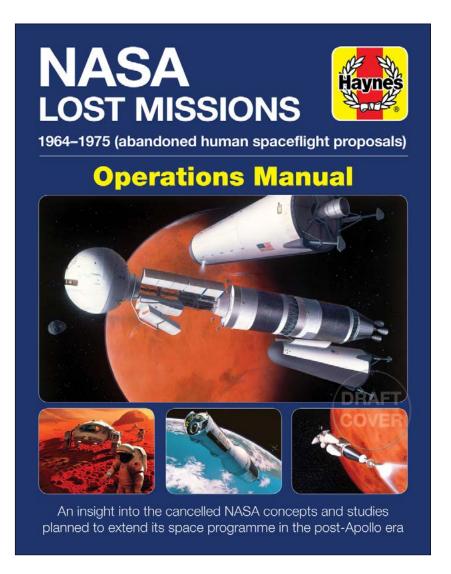
H6115NASA Operations **ISBN:** 9781785211157



H6210 NASA Moon Missions ISBN: 9781785212109



H5405 Soyuz **ISBN:** 9780857334053



NASA LOST MISSIONS

An insight into the cancelled NASA concepts and studies planned to extend its space programme in the post-Apollo era

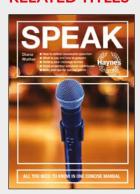
by David Baker

In the mid-1960s, NASA began planning what to do after astronauts had landed on the Moon. A comprehensive plan quickly emerged to use left-over Apollo hardware to develop more ambitious projects, such as space stations, space bases, Moon-orbiting laboratories and temporary human settlements on the lunar surface. But NASA wanted more and looked to what it called a "Post-Apollo" era, in which more exciting possibilities could be targeted, including astronauts landing on Mars by the mid-1980s.

Detailed design studies were carried out for these projects, but by the early 1970s all these dreams were gone and the plans had been relegated to the dusty shelves of history.

All the plans, documentation, images and graphics for these post-Apollo plans are in the possession of the author, and this book describes all these exciting and ambitious projects, supported by colour artwork, detailed engineering drawings and images of hardware on test, including nuclear rocket motors. It tells the story of what might have been, but now lives on in the memory and in the preserved archives of those involved in its formulation – including the author.

HARDBACK: 270 x 210mm 224pp 300 Illustrations **ISBN:** 9781785212116 | **BOOK NO:** H6211 | **RRP:** £25.00



H6699 Speak

ISBN: 9781785216992

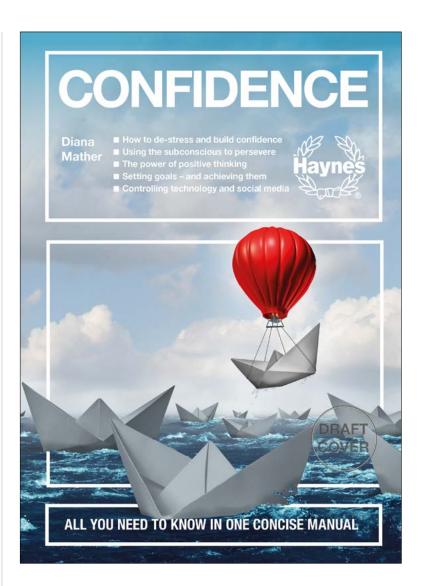


H6613 Sleep

ISBN: 9781785216138



H6695 Student **ISBN:** 9781785216954



CONFIDENCE

All you need to know in one concise manual

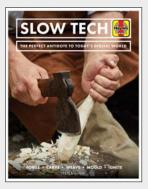
by Diana Mather

Stress and a lack of confidence are inextricably linked. When you are stressed your judgement falters, which means you can become unsure of yourself. Stress also affects memory, and forgetting things can be extremely undermining, especially if it is a work-related issue. Stress often means you will question your decisions, and all this erodes your confidence levels and feelings of self worth.

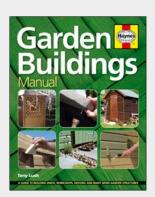
In this book Diana Mather, former BBC newsreader, explains what stress is and how to combat it. She will offer techniques to help build confidence, discard negative thoughts, and achieve more of a life balance. Chapters include advice on technology turn off, having an grateful attitude, and using the power of nature.



H6220 Shed Manual ISBN: 9781785212208



H6616 Slow Tech **ISBN:** 9781785216169



H4352 Garden Buildings Manual ISBN: 9780857334862



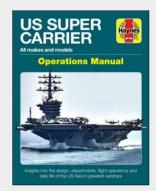
PALLET FURNITURE

Make-your-own wooden furniture

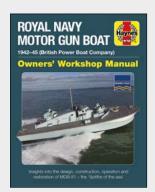
by Nathalie Boisseau

Pallets are incredibly easy to source, economical, and are made from wood that is untreated with any chemical coatings. They are therefore the ideal eco-friendly material for using in the home and garden for all types of useful pieces of furniture, especially if you're a beginner and would be reluctant to try your handy work on expensive hardwoods.

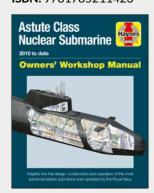
The first part of this book has indispensable help and advice on working with wood and which tools to use. The second half is full of delightful, easy-to-make and useful items, including a dining table, shelves, a desk, and even a sun lounger. All the projects provide detailed measurements, lists of materials, and easy-to-understand instructions. After varnishing or painting, each finished piece will provide you with a unique and useful piece of furniture, that looks great in any style of home.



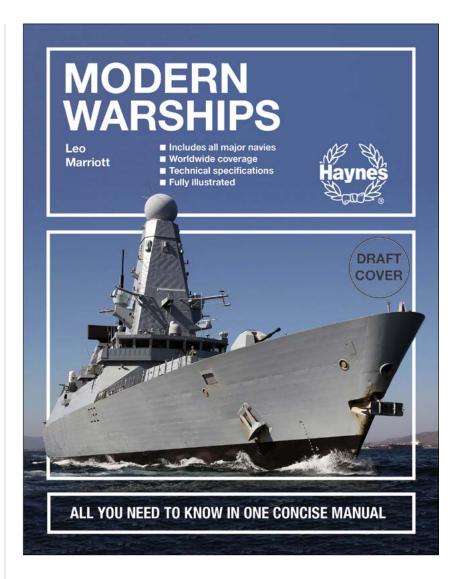
H6667US Super Carrier **ISBN:** 9781785216671



H6142 Royal Navy Motor Gun Boat ISBN: 9781785211423



H6071Astute Class Nuclear
Submarine **ISBN:** 9781785210716



MODERN WARSHIPS

All you need to know in one concise manual

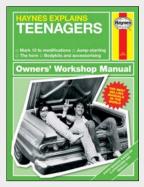
by Leo Marriott

This is a concise directory to the world's principal warships – bringing together all essential information in a one-stop, easy-to-use fully illustrated guide.

Included are details of ships' tonnage, dimensions, crew, powerplant and weapon systems, together with the date they were launched and their current service, together with a brief description of each vessel, and a summary of its operation and combat use.



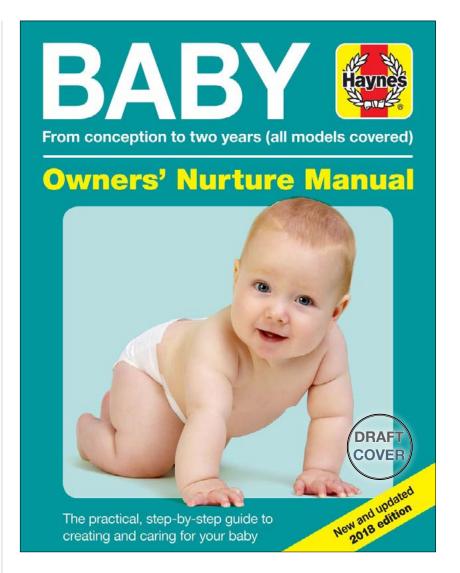
Haynes Explains Babies ISBN: 9781785211027



H6103 Haynes Explains Teenagers ISBN: 9781785211034



H6724 Teenager **ISBN:** 9781785217241



BABY MANUAL (3RD EDITION)

Conception to two years. All models covered

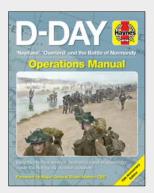
by Dr Ian Banks

Now in paperback, this best-selling practical manual on baby care is written specifically for men but applicable to all. Dr lan Banks combines his medical expertise with his experience as a father of four to provide invaluable guidance on planning, having, and looking after a baby.

The stages of pregnancy, and the tests and common complications are fully explored to remove some of the mystery. What happens when you get the new addition home is covered too, including parental leave, feeding, nappies, initial problems and the first years of development and safety. The book also covers parental wellbeing and mental health.

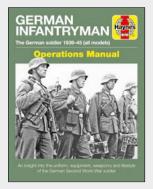
There is a comprehensive section on frequent childhood ailments, along with handy hints and tips from people who have been there, done that and got sick down the t-shirt.

PAPERBACK: 270 x 210mm 192pp 200 Illustrations **ISBN:** 9781785217654 | **BOOK NO:** H6765 | **RRP:** £14.99

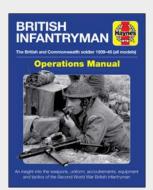


H6655 D-Day 75th Anniversary Edition

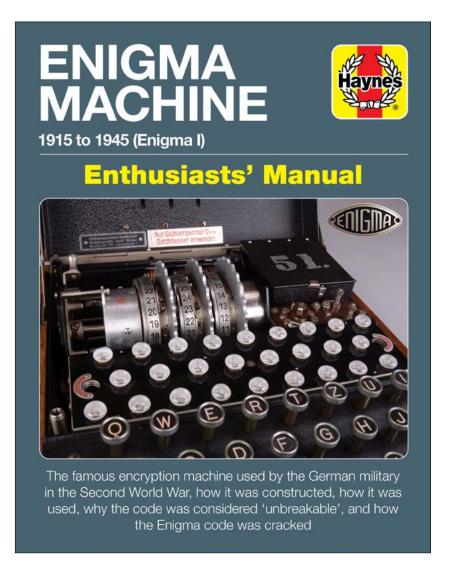
ISBN: 9781785216558



H6168 German Infantryman ISBN: 9781785211683



H6720 British Infantryman ISBN: 9781785217203



ENIGMA MACHINE

The famous encryption machine used by the German military in the Second World War, how it was constructed, how it was used, why the code was considered 'unbreakable', and how the Enigma code was cracked.

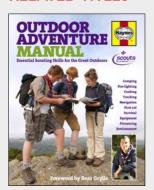
by Anna Manning and Howard Jennings

In the Second World War the German military used a small coding machine called Enigma to encode and send secret messages. They believed the Enigma was invincible and its codes unbreakable. What they didn't know was that Britain's code-breakers at Bletchley Park had cracked the cypher early on in the war, and were reading Enigma's coded messages for much of the conflict.

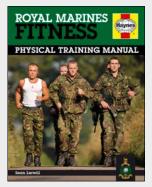
This insider information gave the Allies access to everything, from top secret high-level conversations between Hitler and his commanders to routine signals exchanges between army units. There is little doubt that having this vital information helped shorten the war by several years, and saved many thousands of Allied lives.

Read about how the Enigma machine was developed and how it was used by the German military, discover how it works mechanically, why the number of possible codes is so high the mathematical theory that underpins it, and how encoded messages sent between German locations were deciphered by British code-breakers at Bletchley Park.

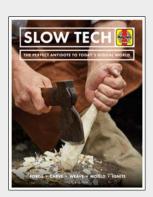
HARDBACK: 270 x 210mm 176pp 250 Illustrations **ISBN:** 9781785217005 | **BOOK NO:** H6700 | **RRP:** £25.00



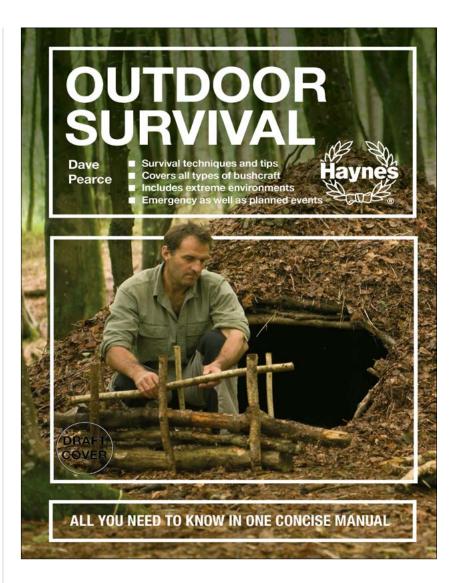
H5282 Outdoor Adventure Manual ISBN: 9780857332820



H4561 Royal Marine Fitness **ISBN:** 9780857338075



H6616 Slow Tech **ISBN:** 9781785216169



OUTDOOR SURVIVAL

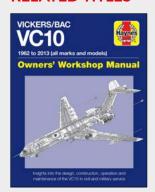
All you need to know in one concise manual

by Dave Pearce

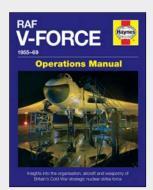
There has been a slow but growing trend away from traditional holidays over the past few years, and today more than ever people are choosing to shun large crowds and predictability when they travel to remote destinations, instead seeking challenges that test their ability to survive in unfamiliar and even extreme environments.

Former Royal Marine Commando and outdoor survival expert Dave Pearce has travelled the world, visiting some of the most inhospitable locations. His impressive survival skills are based on having been there, done it and returned safely.

This book distills Dave's practical experience as he offers advice and instructions for intrepid survivalists on planned and improvised survival skills, whether for a weekend away in the woods or for the most extreme places on earth.



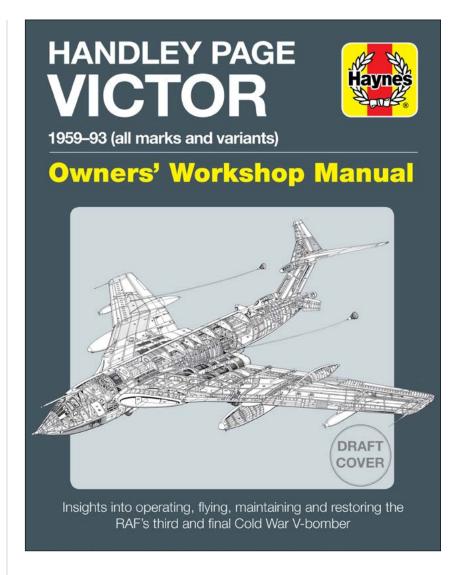
H5799 Vickers/BAC VC10 **ISBN:** 9780857337993



H5778RAF V-Force **ISBN:** 9780857337788



H6084 Royal Air Force 100 **ISBN:** 9781785210846



HANDLEY PAGE VICTOR

Insights into operating, flying, maintaining and restoring the RAF's third and final Cold War V-bomber

by Keith Wilson

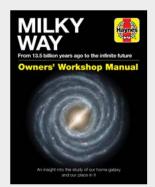
The Handley Page Victor was the last V-bomber to be operated by the RAF during the Cold War as part of the UK's airborne nuclear deterrent, carrying the Blue Steel stand-off nuclear weapon. It also served as a strategic reconnaissance platform, and as an air-to-air refuelling tanker.

In this manual Keith Wilson relates the story of the Victor, its RAF service, air-to-air tanker conversions, and its combat history. It also covers flying and maintaining the bomber, and Victor survivors, and with two former Falklands and Gulf War veterans, examines the fine detail of the aircraft.

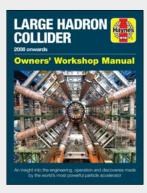


H6209 Universe

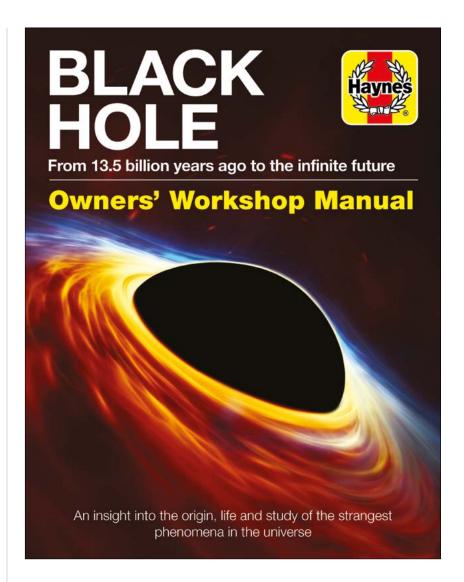
ISBN: 9781785212093



H6590 Milky Way **ISBN:** 9781785215902



H6187 Large Hadron Collider ISBN: 9781785211874



BLACK HOLE

An insight into the origin, life and study of the strangest phenomena in the universe

by Gemma Lavender

This book is the ultimate guide to the behaviour, formation, appearance and study of one of the most mysterious and exciting objects in the entire universe.

The manual is written for the layperson, without the need for jargon and maths, providing the reader with everything they need to understand what professional astrophysicists know about these high-gravity regions of space-time. The reader will also meet real-life black holes and learn about our studies of them, what goes on inside them, how they are made and some of most exciting questions they inspire.



HAYNES PUBLISHING

Sparkford, Yeovil, Somerset, BA22 7JJ, UK **Telephone:** +44 (0)1963 440635 Email: sales@haynes.co.uk Website: www.haynes.com



